

# MINDFUL MONDAY



Our organizing team wanted to share some easy, helpful reminders on tasks you can do to improve your overall organization and mindfulness. Try to pick one every monday! We left some spaces to add your own ideas.



## 1 CLEAN OUT PURSE

Everyone keeps unneeded, random accessories and trash in their everyday bag. This is an easy fast project to help yourself in the future when digging for something later. Plus, find and count all that spare change!

## 2 ORGANIZE BATHROOM STORAGE

This is a project we all dread, but it needs to be done in order to keep your bathroom ACTUALLY clean. This means going deeper than just cleaning visible surfaces and areas. Clean out your medicine cabinet, sink drawers, etc.

## 3 TIDY UP YOUR CAR

This is probably one of the longer projects, but you don't know how great of an effect a clean car can have on your mood. Your car should be a safe space for thinking on your way to work or to have a meet up. Prevent it from becoming a "toxic" area

## 4 GO THROUGH CELL-PHONE PHOTOS

We're all about photo organization, and most of them are sitting right in your phone. Loads of repeated photos or quick snapshots can use up storage and cause problems later. Organize photos into separate albums to find easily and delete unnecessary ones.

## 5 STRAIGHTEN UP CLOSET SPACE

Taking time to organize your closet will make getting ready each morning a breeze. Try to only display what you need for this season, other articles can be packed up or moved to avoid clutter.

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